



Goals/Achievement ("I Can Do This" Mentality) Discussion Questions

- *What part of your life do you feel like you have the least motivation?*
- *In what part of your life do you feel like you have the most motivation?*
- *What's your favorite motivational quote?*
- *What's your favorite motivational word?*
- *What's your favorite motivational Bible verse?*
- *What do you see yourself doing in ten years?*
- *Do you think you are happier now than you were 10 years ago? 20 years ago?*
- *How do you want to spend your retirement?*
- *What stops you from pursuing your dreams?*
- *Do you have a habit of writing your goals down?*

- *Do you journal your life experiences?*
- *What countries would you like to visit in your lifetime?*
- *What landmarks would you like to visit in your lifetime?*
- *What are some goals in your life that you have already achieved?*
- *Name some spiritual goals that Christians should have. Have you claimed any of those goals for yourself?*
- *If you could have one spiritual goal for your life, what would it be?*
- *Have you accomplished any financial goals in your life? How did you do it?*
- *Do you have any healthy/fitness goals you are working on achieving at this moment?*
- *What goals would you like to see your children/grandchildren reach?*
- *How do you track your progress when you set goals of any kind?*
- *What goals or life plans have you been putting off till later?*
- *Do you feel you are trying to achieve too many goals/plans at once?*
- *How do you think you could narrow down what is important in your life?*
- *Are there people in your life that consistently get in way of you reaching your goals?*
- *Are there circumstances in your life that consistently get in way of you reaching your goals?*
- *What goal or plan have you secretly wanted to reach for but you are too scared to try?*