



## Cleaning/Organizing Conversation Starters

- *How much clutter do we leave lying around our spiritual homes (in general for most people)?*
- *How much effort do we put into keeping our spiritual homes tidy (in general for most people)?*
- *What thing in your own home do you hate to clean the most?*
- *What is your favorite all-purpose cleaner?*
- *Do you have a cluttered or uncluttered home?*
- *Do you feel like you have an organized home?*
- *Do you have things in your home that you would feel more comfortable living without?*
- *What are the main issues that keep you from having an organized and decluttered home?*

- *What are some of the problem areas in your actual home that needs cleaned, decluttered, or organized?*
- *Do you have any objects in your home that have sentimental value that you would never get rid of no matter what?*
- *What could you not live without in your spiritual life?*
- *What do you think you accumulate the most that could be avoided?*
- *Is your closet filled with various sizes?*
- *Can you open your kitchen cupboards without the fear of something falling out?*
- *What habits do you need to change to keep your physical house clean and neat?*
- *What habits do you need to change to keep your spiritual house clean and neat?*
- *Do you think you treat your physical home/house with respect by the way you live in it?*
- *Do you think you treat your spiritual home/body with respect by the way you live in it?*