



30 DAY ^{3 UP}

Bible Reading Challenge

This challenge is to get you to read your Bible more each day.

- ❖ Choose a book or chapter in the Bible to start.
- ❖ Read your Bible starting with 3 minutes a day.
- ❖ *Up it* 3 minutes the next day.

At the end of a month, you will be up to 90 minutes of Bible reading!

Use a timer to set your time each day. When the timer rings, finish the verse you are reading when it rings. Pick it up there the next day. It's easier if you start at the beginning of a month so that you follow the days.

TIP: At the end of the month go back over the verses and chapters you've read and jot down some of the main points, biblical principles, and things you've learned (or been reminded of) from your reading.

DAY 1	3 Minutes
DAY 2	6 Minutes
DAY 3	9 Minutes
DAY 4	12 Minutes
DAY 5	15 Minutes
DAY 6	18 Minutes
DAY 7	21 Minutes
DAY 8	24 Minutes
DAY 9	27 Minutes
DAY 10	30 Minutes
DAY 11	33 Minutes
DAY 12	36 Minutes
DAY 13	39 Minutes
DAY 14	42 Minutes
DAY 15	45 Minutes

DAY 16	48 Minutes
DAY 17	51 Minutes
DAY 18	54 Minutes
DAY 19	57 Minutes
DAY 20	60 Minutes
DAY 21	63 Minutes
DAY 22	66 Minutes
DAY 23	69 Minutes
DAY 24	72 Minutes
DAY 25	75 Minutes
DAY 26	78 Minutes
DAY 27	81 Minutes
DAY 28	84 Minutes
DAY 29	87 Minutes
DAY 30	90 Minutes