# WAKING UP as an Orange Juice Christian

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Read: Ephesians Chapter 2

"And you hath he quickened, who were dead in trespasses and sins"

Ephesians 2:1

If you were an *Orange Juice Christian,* what would you be like? We think of drinking orange juice when we start the day. It's pretty much considered a breakfast drink



much considered a breakfast drink. Have you ever stopped to think of how you meet the world head on as you start your day? Are you bringing some joy? Are you dragging down others at the start of their day? Stop and think of how you normally act as soon as those feet hit the floor in the mornings. What's the first thing you do? What's the first thing you say?

# 1 SQUEEZED?

### FUEL UP WITH PRAYER & GOD'S WORD

Are you drained before you even start your day? Start it out right. Come before the Lord in prayer. Share your thoughts and concerns with Him. Voice your praise and count your blessings. Dive into God's Word and get fed!

# 2 ALL PULP?

### WATCH HOW YOU TALK & TREAT PEOPLE

Are you hard to swallow? Are you rough with how you handle situations and all the people around you? Been a little overbearing? Go to the Lord for guidance. Work on that tongue. Soften your voice. Find a heart for others.

# **3 BRIGHT AS SUNSHINE?**

### **BRING ENCOURAGEMENT TO OTHERS**

Are you brightening the day of those around you? Are you taking the time to invest in others? Look around and find someone to touch with kindness. Share a smile. Pray for someone. Do some good deeds for others.

## 4 NATURALLY SWEET?

### BEAR THE FRUIT OF THE SPIRIT

Are you bearing all those wonderful fruits of the Spirit? Get to know what they are so that you are aware of how to display them in your life. Allow the leading of the Holy Spirit in order to bear sweet fruit.

## 5 FULL OF VITAMIN "C"?

### DEVELOP "C" HRISTLIKENESS

Vitamin "C" is an essential nutrient in humans. As Christians, "C" hristlikeness is so important. Do others know you represent Christ? Get to know Christ more so you can learn to have His compassion and His love for others.

## FINAL THOUGHTS

WAKE UP!! It's time for us to wake up as Christians! We have to realize that how we talk and how we act from the time we get up in the morning until we go to bed at night all reflects on our testimony for Christ.

The very first verse in Ephesians 2 talks about how we are alive in Christ. That entire chapter is talking about how Christ saved us for His glory. We have to wake up and realize that we are not to be living for ourselves. We have to see the importance of living to glorify the Lord. Look what it says in verse 10.

*"For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them." Ephesians 2:10* 

## So, what kind of juice are you serving in the mornings?