



Grab hold of REST to lift you!	Come unto me, all ye that labour and are heavy laden, and I will give you rest.	MATTHEW 11:28
Grab hold of PEACE to lift you!	Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.	JOHN 14:27
Grab hold of STRENGTH to lift you!	But they that wait upon the LORD shall renew <i>their</i> strength; they shall mount up with wings as eagles; they shall run, and not be weary; <i>and</i> they shall walk, and not faint.	ISAIAH 40:31
Grab hold of MUSIC to lift you!	Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;	EPHESIANS 5:19
Grab hold of PRAYER to lift you!	Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive <i>them</i> , and ye shall have <i>them</i> .	MARK 11:24
Grab hold of GOD'S WORD to lift you!	Thy word <i>is</i> a lamp unto my feet, and a light unto my path.	PSALM 119:105
Grab hold of JOY to lift you!	Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.	ROMANS 15:13
Grab hold of GOD'S LOVE to lift you!	For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.	JOHN 3:16
Grab hold of FELLOWSHIP to lift you!	And they continued stedfastly in the apostles' doctrine and fellowship, and in breaking of bread, and in prayers.	ACTS 2:42
Grab hold of FAITH to lift you!	Now faith is the substance of things hoped for, the evidence of things not seen.	HEBREWS 11:1