

Writing from Life Experiences

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I have found the simplest way to share a challenge or devotional with women is to just share something that is happening in my life or that has been on my mind a lot.



What has happened in your life recently or may have happened a while ago that made an impact on you?

Make a check by all that apply.

- Death of a family member
- Death of a friend
- Met someone new
- Made a new friend
- Tried a new recipe
- Began detailed meal planning
- Had marital issues
- Had health issues or an injury
- Had a stay in the hospital
- Found out you were having a baby
- Had a change in your family's financial status
- Retired

- Started a diet
- Lost weight
- Gained weight
- Tried on clothes for the first time in a long time
- Weighed yourself for the first time in a long time
- Volunteered in a soup kitchen or some type of charitable ministry
- Took a mission trip
- Hosted a foreign exchange student
- Hosted a missionary, preacher, or evangelist for a meal
- Saw a homeless man/woman
- Had insomnia
- Had a child leave home (became an empty nester)
- Visited an old friend or family member that you hadn't seen in a while
- Locked yourself out of your house or car
- Participated in something you have never done before
- Had to discipline a child
- Had to step up and voice your opinion
- Went on a trip or vacation
- Had company over for dinner or hosted a party
- Cleaned or decluttered at home
- Lost something valuable
- Found something valuable
- Had to replace something that wore out such as an appliance
- Lost respect for someone
- Gained respect for someone
- Joined a new group or club
- Began being a caregiver
- Planted a garden
- Gave birth
- Have a new grandchild, niece, or nephew
- Celebrated an anniversary of some type
- Attended some type of retreat or conference
- Got your hair cut
- Changed the type of makeup, skin care, etc. that you normally use
- Went to a spa or had a manicure/pedicure
- Had a pleasant dream
- Had a nightmare
- Quit your job
- Started a new job
- Was fired from your job
- Had a son/daughter graduate from high school or college
- Graduated from college or got a degree to further your education
- Started back to school or began taking classes
- Took a hike

- Ran a marathon
- Saw a shooting star
- Saw something miraculous in nature or your surroundings
- Had a birthday
- Served on a jury
- Asked for a raise at work
- Received a raise at work
- Had an unexpected financial crises
- Had a friend get mad at you
- Got mad at a friend
- Changed careers
- Had a public speaking experience
- Learned a new craft or began a new hobby
- Moved to a new location
- Had a close friend move away
- Felt inspired by someone or something
- Had an unexpected blessing
- Got a traffic ticket
- Was in a car accident or near accident
- Messed something up royally, such as a burnt dinner, broke something, etc.
- Saw a sign or heard a quote that made you stop in your tracks
- Saw God's hand in a particular circumstance
- Got a pet
- Lost a pet
- Something made you cry
- Something made you laugh
- Someone said something that stuck in your head
- You heard a song that stuck in your head
- You felt discouraged by something
- You felt encouraged by something

Devotional Writing Worksheet

Choose one life experience that you have checked above that you would like to write a devotional about and come up with a title that reflects the experience in 5 words or less. Then finish working through the points.

My Title _____

Write out briefly what happened in as few words as possible. Just an overview to refresh your memory.

Was this experience a blessing to you or did it discourage you? Why?

Use 3 words to describe how this life experience made you feel.

Do you think other women could relate to this life experience. Why?

If you were telling a friend about this life experience, how would you start? What background would you give? Write it out in as few words as possible.

What 3 points would you want to get across while telling about this life experience to a friend? What do you think are the most important things you want your friend to remember?

What is the biggest lesson you learned from this life experience?

Are there any Bible verses, Bible passages, or biblical characters that this experience reminds you of? Take your Bible and look those up. Use a concordance or an online Bible search to help you if needed. Jot those Bible verse references down.

Write out one phrase from these verses that really speaks to you from reading these verses.

My Devotional

Title

Introduction

Main Bible Passage or Verse

Main Points

Other Bible verses that relate

Conclusion