A Whole Lot of Fright
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“The LORD is my light and my salvation; whom shall I fear? the LORD is the strength of my life; of whom shall I be afraid?” Psalm 27:1

It’s October and with Halloween just around the corner I have been thinking about all those fears that seem to float around. Fears don’t just float around this time of year though, but all during the year. Fear can slow us down. Fear can freeze us. Fear can cause a whole lot of fright! I think sometimes though we are just waiting for fear to come along. It’s like we go looking for fear.

Let’s take a look at some fears that we think are hiding and ready to pop out at us.

**Ghosts in the Mirror!**

Have something that is haunting you? Perhaps something from your past? You look in that mirror and that’s all you see? Give it over to the Lord. Don’t carry it around with you. It will keep popping out and moaning and giving you shivers down your spine. It will do this in the form of fear and guilt that can freeze you.

Don’t allow your past to rob you of your future. Deal with your past and just give it to Jesus!
“Brethren, I count not myself to have apprehended: but this one thing I do, forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.” Philippians 3:13-14

Skeletons in the closet!
As Christians, we aren’t going to be perfect and we are always going to sin at some point, but we can’t hold onto it or even try to hide it. We might succeed in hiding our sin from other people, but God sees everything, even those skeletons we board up behind the walls of our lives.

You don’t have to be afraid though. We have a loving and forgiving God. When we ask for His forgiveness, He will take that sin and forgive it like only God can do. Our closets can be skeleton free!

“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.” 1 John 1:9

Mummies in the Parlor!
Oh no, look who thinks he is invited over for tea! That old dead man, Self, is trying to make himself comfortable in your skin again. Self is always rearing his ugly head. The problem is that we sometimes want to unwrap those bandages of that old man and try to resuscitate him. We just have to remember that when we accept Christ that we are to die to that old man and live in the Spirit.

You know that they remove the internal organs of a body before they mummify it. Yeah, that old man, Self, is hollow and empty and doesn’t have a leg to stand on when we are living in the Spirit and following the leading of the Lord.

“That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness.” Ephesians 4:22-24
Zombies at the Door!

Uh oh! Tap! Tap! Tap! Temptation knocking! He’s pleading and trying to wheedle his way into our lives. He gets his foot in the door and claws and bites at us. We have to rely on Christ to keep that old zombie of temptation from cornering us. Christ will make that “way of escape” if we rely on Him.

“There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but with the temptation also make a way to escape, that ye may be able to bear it.” 1 Corinthians 10:13

Bats in the Belfry!

Have you ever heard that phrase? It means that someone is acting kind of crazy, like they have bats flying erratically around in their head. Some of us get that way when we get worries flying around in our head. They are flying all which ways making us crazy! We have to give them over to Jesus or we will never calm down.

One of the things that bats dislike is light so just remember that Jesus is our Light. He is the Light that can dispel those worries. Only the Lord can give us peace.

“Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.” John 14:27

Monsters Under the Bed!

I think we all get scared of the unknown. It’s like we become little kids sitting on our beds scared of those monsters of our imagination. We huddle up under the covers keeping our feet clear away from the edges of the bed. We sit and imagine everything that will fail. We imagine everything that will go wrong.

We conjure up monsters of our own imagination just because the unknown is out there and we are scared to step out in faith. I think that we have to remember
that we have the God of Joshua (and Sarah, and Ruth, and Queen Esther too). The Lord will be there for us.

“Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.” Joshua 1:9

**Final Thoughts**

I think sometimes we just work ourselves up into a frenzy. Our knees start to feel wobbly. We begin shaking. We have that sweat pouring off of our foreheads. Our breath is coming in short gasps. We really can conjure up a whole lot of fright all on our own!

We have to remember that we have a mighty and wonderful Lord that cares for us and is there for us. He’s not going to leave us alone to go through those spooky walks of life. Christ will be there for us and hold our hand.

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**So, what are you frightened of?**

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